

# SENIOR EAT *and* GREET January 2018

Steamboat	Steamboat		Steamboat	Steamboat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed New Year's Day	2 Black Eye Pea Stew Collard Greens Cornbread Peach Cobbler Ice Cream	3	4 Meatloaf Mashed Potatoes Green Beans Carrots Tossed Salad Wheat Roll Apple Pie	5 Shrimp Scampi Zucchini And Tomato Wheat Roll Caesar Salad Banana Cake Orange
8 Chicken Enchilada Spanish Rice Refried Beans Avocado Tossed Salad Lemon Bar	9 Lasagna Asparagus Garlic Bread Fruit and Nut Tossed Salad Choc. Pump Cake OJ	10	11 Beef Ribs Corn Wheat Roll Coleslaw Tossed Salad Peaches	12 Pork Cabbage Roll Mixed Veggies Wheat Roll Tossed Salad Fruit
15 Closed Martin Luther King Day	16 Turkey Noodle Soup Spinach Squash Crackers Wheat Roll Orange	17	18 Pork Loin Mushroom Sauce Mashed Potatoes Green Beans Tossed Salad Chocolate Chip Cookie	19 Veggie Stir Fry Fried Rice Asian Broccoli Salad Tossed Salad Mandarin Oranges Fortune Cookie
22 London Broil Baked Potato Beets Tossed Salad Biscuit Peach Crisp	23 French Onion Soup Tuna Sandwich North Bean Salad Blueberry Muffin	24	25 Open Faced Pork Sandwich Mashed Potatoes Gravy Spinach Tossed Salad Carrot Cake Grapes	26 Honey BBQ Chicken Sweet Potato Mixed Veggie Tossed Salad Wheat Roll Orange
29 Indian Chicken Curry Brown Rice Mango Salad Wheat Bread Pumpkin Pie OJ	30 Baked Cod Orzo Cauliflower Spinach Salad Strawberry Shortcake	31	1 Stuffed Pork Chop California Veggies Italian Bread Tossed Salad Apple Pie	2 Mongolian Beef Lo Mein Noodles Asian Coleslaw Apricots Fortune Cookie

**Please call 970-879-0633 24 hours in advance for reservations.**

Milk, Tea, & Coffee are offered with all meals. Nutrition analysis provided by Melanie Hendershott, R.D.

Lunch is served at noon at the following locations:

**Hayden/American Legion Hall**

**South Routt/ South Routt Community Center**

**Steamboat Springs/ Steamboat Springs Community Center**