


SENIOR EAT *and* GREET February 2019

Steamboat	Steamboat		Steamboat	Steamboat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Beef Fajita Spanish Rice Black Beans Corn Tossed Salad Cake	29 French Onion Soup Tuna Sandwich Bean Salad Blueberry Muffin	30 	31 BBQ Chicken Mixed Veggies Sweet Potato Wheat Roll Spinach Salad Orange Sherbet	1 Pork Ribs Onion Rings Mixed Veggies Wheat Roll Tossed Salad Chocolate Chip Cookie
4 Baked Chicken Mashed Potatoes Gravy Corn Biscuit Tossed Salad Orange Sherbet	5 Lasagna Green Beans Italian Bread Broccoli Salad Peach Cake	6	7 Braised Beef Noodles Squash Spinach Salad Wheat Roll Fruit Cocktail	8 Split Pea Soup Chef Salad with Chicken Crackers Grapes Peanut Butter Cookie
11 Beef Tacos Pinto Beans Rice Fruit Salad Chocolate Cake	12 Hawaiian Shrimp Stir Fry Brown Rice Peas and Carrots Wheat Roll Cucumber Salad Lemon Bar	13	14 Pork Chop Broccoli Baked Apples Wheat Roll Tossed Salad Peanut Butter Cookie	15 Chili Dog French Fries 5 Bean Salad Orange/Banana Rice Crispy Treat
18 President's Day All Sites Closed	19 Clam Chowder Chef Salad Wheat Crackers Peaches Chocolate Pudding	20	21 Brisket Baked Potato Green Beans Biscuit Spinach Salad Pecan Pie	22 Oven Fried Chicken Mashed Potatoes Corn Wheat Roll Caprese Salad Oreo Parfait
25 Bean and Cheese Burrito Spanish Rice Squash Mexi Salad Pears Cake	26 BBQ Chicken Potatoes Spinach Tossed Salad Corn Bread Fruit Cocktail	27	28 Biscuit and Sausage Gravy Eggs Hash Browns Banana Cherry Crisp	1 Cheeseburger Pie Wheat Roll Tossed Salad Plums Cookie

Please call 970-879-0633 24 hours in advance for reservations.

Milk, Tea, & Coffee are offered with all meals. Nutrition analysis provided by Melanie Hendershott, R.D.

Lunch is served at noon at the following locations:

Hayden/ American Legion Hall **South Routt/** South Routt Community Center

Steamboat Springs/ Steamboat Springs Community Center