

SENIOR EAT *and* GREET December 2017

Steamboat	Steamboat		Steamboat	Steamboat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Tuna Casserole Mixed Veggie Tossed Salad Jello OJ	28 Squash Soup Turkey Sandwich Fruit Salad Tossed Salad Chocolate Chip Cookie	29	30 Meatball Sub Potatoes Tossed Salad Raspberry Sherbet	1 Pork Chow Mein Lo Mein Noodles Sesame Broccoli Wheat Roll Mandarin Oranges Nut and Raisin Cup
4 BBQ Chicken Mashed potato/gravy Green Beans Tossed salad Wheat Roll Fruit Salad	5 Baked potato bar Broccoli & Cheese Wheat roll Tossed salad Apple Cottage Cheese	6	7 Italian Sausage Pasta Brussel Sprouts Italian salad Bread sticks Baked apples	8 Brisket Cheesy potato Parmesan broccoli Wheat roll Pears
11 Sweet & Sour Chicken Brown rice Tossed salad Wheat roll Oranges/Banana	12 Catfish Sweet Potato Hash Tossed salad Bran muffin Fruit	13	14 BBQ Beef Sandwich Cheesy potato Tossed salad Apricots Chocolate Chip Cookie	15 Biscuits & Gravy Eggs Hash Browns Cherry Crisp
18 Shrimp Tacos Mixed Veggie Coleslaw Banana	19 Black Bean Burger Zucchini Peas Chocolate Chip Cookie	20	21 Baked Ham Sweet Potato Green Bean Casserole Tossed Salad Wheat Roll Apple Pie	22 Flank Steak Rice Pilaf Carrots Wheat Roll Oranges Cake
25 Closed Christmas Day	26 Beef Stroganoff Carrots Beet Salad Oranges Coffee Cake	27	28 Ham Salad Sandwich Cream of Potato Soup Pinto Beans Tossed Salad Fruit	29 Chicken Fajita Spanish Rice Pinto Beans Tossed Salad Oranges

Please call 970-879-0633 24 hours in advance for reservations.

Milk, Tea, & Coffee are offered with all meals. Nutrition analysis provided by Melanie Hendershott, R.D.

Lunch is served at noon at the following locations:

Hayden/American Legion Hall

South Routt/ South Routt Community Center

Steamboat Springs/ Steamboat Springs Community Center