

SENIOR EAT *and* GREET August 2019

Steamboat	Steamboat		Steamboat	Steamboat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Beef Tacos Spanish Rice Pinto Beans Strawberries and Bananas Chocolate Cake	30 Baked Cod Orzo Cauliflower Wheat Roll Tossed Salad Strawberry Shortcake	31	1 Chili Dog French Fries Mixed Veggies Tossed Salad Mixed Fruit	2 Chicken Enchilada Casserole Spanish Rice Green Beans Cucumber Salad Baked Apples
5 Fish Sandwich Green Beans Coleslaw Mandarin Oranges Tossed Salad Sugar Cookie	6 Pot Roast Carrots Potatoes Fruit Cocktail Tossed Salad Chocolate Crème Pie	7	8 Chicken Pot Pie Broccoli Tossed Salad Strawberries and Creme	9 Pizza Salad Garbanzo Beans Raisins Peanut Butter Bars
12 Stuffed Chicken Mashed Potato with Gravy Asparagus Wheat Roll Key Lime Pie	13 Lasagna Peas Wheat Roll Caesar Salad Yogurt Parfait	14	15 Salisbury Steak Rice Pilaf Mixed Veggies Tossed Salad Biscuit Orange Sherbet	16 Red Beans and Rice Sausage Spinach Salad Cornbread Apricots
19 Shephard's Pie Wheat Bread Pineapple Tossed Salad Orange Sherbet	20 Turkey Cobb Salad Mushroom and Rice Soup Wheat Roll Apple Ice Cream	21	22 Italian Sausage with Garlic Herb Sauce Penne Pasta Garlic Bread Squash Salad Peaches Cottage Cheese	23 Tilapia Rice Pilaf Squash White Roll Tossed Salad Orange Cherry Pie
26 Chicken Teriyaki Brown Rice Kidney Beans Mixed Veggies Asian Salad Brownie	27 Meatloaf Mashed Potatoes Gravy Green Beans Wheat Roll Tossed Salad Cantaloupe Chocolate Chip Cookie	28	29 3 Cheese Ziti Kidney Beans Tossed Salad Tossed Salad English Muffin Strawberries	30 Shrimp Skewers Brown Rice Roasted Veggies Wheat Roll Tossed Salad Honeydew Melon Orange Sherbet