

SENIOR EAT and GREET

October 2018

	Hayden		Hayden	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Cream of Asparagus Soup Mixed Green Salad Wheat Roll Pear	3	4 Chicken Tacos Spanish Rice Pinto Beans Fruit Mexican Salad Peanut Butter Bars	5
8	9 Meatball Sub Potatoes Tossed Salad Oranges Sherbet	10	11 Sausage, Peppers, Onions Potatoes Coleslaw Tossed Salad Wheat Roll Chocolate Cream Pie	12
15	16 Spinach Quiche Orzo Tossed Salad Wheat Roll Banana Peach Crisp	17	18 Pork Roast Scalloped Potatoes California Veggies Baked Apples Tossed Salad Raisin Nut Cup Chocolate Ice Cream	19
22	23 Chicken Pot Pie Mashed Potatoes Green Beans Tossed Salad Apple Brownie	24	25 Beef and Broccoli Rice Carrots Cucumber Salad Fortune Cookie Ice Cream	26
29	30 Squash Soup Roast Beef Sandwich Tossed Salad Fruit Parfait	31	1 Flank Steak Mashed Potatoes Green Beans Tossed Salad Apple Pie Ice Cream	2

Please call 970-879-0633 24 hours in advance for reservations.

Milk, Tea, & Coffee are offered with all meals. Nutrition analysis provided by Melanie Hendershott, R.D. Lunch is served at noon at the following locations:

Hayden/ American Legion Hall South Routt/ South Routt Community Center

Steamboat Springs/ Steamboat Springs Community Center